



Ayaway Healing Sanctuary Presents:
The Forgotten Sacred Plant

Written by: Kevin Davine
Edited by: Shaina Mason

Table Of Contents

1. The Condition of the World
2. The Hawaiian Baby Woodrose
 - a. History
 - b. Qualities of the Plant
 - c. The Spirit of the Plant
3. The Healing Powers of HBWR
 - a. Bringing Balance to the Masculine and Feminine
 - i. Healing Relationships with Parents
 - ii. Healing Intimate Relationships
 - iii. Healing with Nature
 - iv. Awareness of Sexual Energy
 - b. Embodying Your Spirit
 - i. Leading with Your Heart
 - ii. Reclaiming Your Body
 - iii. Healing Deep Trauma
 - iv. Healing Ancestral Karma
 - v. Emotional Alchemy
4. Conclusion & Guidance

Disclaimer: The advice in this book is intended to be informational only. Hawaiian Baby Woodrose is illegal to consume in many places, so please be aware of the legal status of this plant in your area. Also, there are many contraindications to consuming this plant so please be safe and seek the advice of a healthcare practitioner. It is the writer's spiritual belief that this plant brings us closer to our relationship with the Great Spirit. This book is for those who view plant medicine as a part of their spiritual path, not for those interested in consuming it recreationally.

The Condition of the World

The world is changing at an alarming rate. At first glance, the growing chaos may bring up a sense of fear, anxiety, or panic. However, if viewed from a higher perspective, this transformation can be perceived as a breakdown of old systems that are no longer serving humanity. If the change is embraced instead of resisted, it presents the opportunity for a new world to be born that allows a sense of peace, harmony, and ease.

As a collective we are in a transition period, ending a few thousand-year cycle of a world dominated by the masculine energy in us all. Structure and force were once a blessing, but are starting to feel more like a curse that we need to escape. When in balance, the masculine helps us anchor in our energy to the present moment and take action. The masculine allows us to translate esoteric ideas into form and make our dreams tangible.

We found ourselves in an age where we are out of balance as a collective. We value intellect over intuition, structure over chaos, light over dark, “reality” over magic and imagination. As a result, our world is left feeling spiritually drained. More and more of us are waking up to the fact that something doesn’t feel right in the world, but have no fear, because Great Spirit, in its infinite wisdom, operates on cycles. Like a giant pendulum swinging from one side to another, the pendulum is now swinging swiftly back into balance again, back into a golden age. As the new world emerges, it must arise out of the ashes of the old. As we watch the old world burn, we can rest in our hearts with the blessings that are happening, even though they may appear as destruction.

Understanding what is happening in our minds is a completely different experience than feeling it in our hearts. Many of us may see what is happening and may perceive it as a beautiful thing, yet we still hold on to fear. Once we shift into living in our hearts fully, fear is eradicated as we walk hand-in-hand with God. So how do we get to this point? There are many ways to live more fully in our heart. We can begin to live according to the tantric path, practice meditation, and try different modalities of healing, however, there is a sacred plant that can give us the grace to transform immediately if given the opportunity. A plant that was used thousands of years ago, yet

its lineage has all been erased. This plant is becoming known again around the world, and when used properly will help humankind usher in the Golden Age with ease and excitement. This plant is the Hawaiian Baby Woodrose.

The Hawaiian Baby Woodrose

History

The history of the Hawaiian Baby Woodrose (HBWR) is mostly a mystery. Its origins are surprisingly from India. Many have theorized that Hawaiian Baby Woodrose may be the forgotten plant used in the famous Vedic “soma” which was a drink that brought immortality and great wisdom. Others have said that HBWR was used as a plant medicine in many Indian monasteries, for its gift of being able to produce visions. Beyond that, the history of the plant is not well written about or documented.

Over the years it has found a second home in Hawaii (hence the name). There it unfortunately has been used as a cheap alternative to alcohol and produces a state of inebriation to numb out. Essentially, there is very little to no recorded history of the ceremonial use of this plant. As a result, I have had to work extensively with the plant for several years in a ceremonial way and learn from the plant directly.

Through my years of working with the plant I can tell you it is one of the most important and powerful master plant teachers I have ever encountered. As a plant enthusiast, I have had many ceremonies with Mushrooms, Ayahuasca, San Pedro, and others, but none have caused more insight and such a drastic vibrational change as Hawaiian Baby Woodrose. I have heard similar feedback from others who have sat with the medicine. My point here is not to say HBWR is “better than” any other medicine, as different medicines are needed at different times by different people. My point is to imprint that a HBWR ceremony can change your life and should be taken very seriously, not recreationally.

Qualities of the Plant

As we study the physical aspects of the HBWR, we can then start to get a vague idea of some of its spiritual aspects. The plant in its mature natural form is a massive vine, and as a vine, it climbs, pulls, and connects everything within its reach. When working with the plant, you begin to feel the vine-like qualities working through you, connecting all aspects of your body, emotions, mind, and soul. The plant begins to bridge all of these seemingly fractured, separate parts of ourselves back together again, and as they become connected inside of us, we begin to feel more connected to the outer world again.

The second aspect of the plant is the leaves which are soft, velvety, and heart-shaped. While on this plant you will experience your heart opening up and softening. It is a fierce plant, however it teaches us to be fierce with love and surrender. The underside of the leaf is silvery, meaning it is a plant associated with the moon. Moon plants are generally described to have feminine spirits. If you are blessed enough to meet the spirit of the HBWR you will find a very strong, loving feminine spirit. This plant helps us connect more deeply with the divine feminine and balance out our energies of masculine / feminine.

Finally, the seeds are the aspect of the plant that contains entheogens. Just like a seed being planted in the dirt, we can see how darkness is needed for us to grow. Many people who have taken the seeds ceremoniously report parts of the ceremony being dark. In fact, the plant is photophobic, meaning the effects are weakened by sunlight or artificial light. For the best results, consume the seeds at night time in the company of a well-trained practitioner that you trust. In the face of darkness, know that this is where the growth is, and once it is conquered you will feel more aligned with your spirit.

The Spirit of the Plant

While researching entheogenic plants early on in my plant medicine journey, I came across the Hawaiian Baby Woodrose. The moment I read about them I felt in my soul an inner calling to experience them. Looking back at what probably wasn't the best

idea, I found some seeds and consumed them one night by myself. After many hours of insights, a deep wavelike feeling came over me. I felt compelled to kneel down and close my eyes. As I did, one of the greatest spiritual blessings of my life occurred; I met the spirit of the plant.

As I closed my eyes, a massive, beautiful warrior woman was before me. I sensed that she was fierce and powerful, but not one part of me was scared, for it felt like unconditional love and light were all around me. She told me many things that night, but more important than the informational downloads I received was the feeling I was left with. The last thing I remember was having an experience of diving into her, and as I did, I had the feeling that I was no longer going to exist but for some reason my whole being was surrendered to it. As I took a massive leap of faith my body was engulfed in eternal bliss.

After another 7 years and many ceremonies with the plant, I have concluded that the plant spirit teaches us all about the power of the feminine. It helps our feminine side find its power and voice and gives us a great archetype of a new way to view femininity.

The Healing Powers of HBWR

Bringing Balance to the Masculine and Feminine

Healing Relationships with Parents:

One of the most prominent themes to come up on HBWR is our relationship with parents. Many don't realize that our relationship with our mother and father is the lens we view all relationships through. Until we heal all aspects and traumas with our parents, we cannot have a healthy relationship in life, especially with ourselves. Through ceremony, you may have many memories come to the surface that are centered around interactions with your parents. The medicine beckons us to relive these moments and to fully feel them in our bodies. Over time, we can cut all of the cords that

keep us attached to our parents. When we do, we open up space for connection to our real parents: Mother Earth and Father Sky. HBWR helps us release our birth parents which opens up trust in the divine, greater forgiveness and compassion, and a feeling of independence. As you release the cords that bind you to your parents you reestablish a freer and more compassionate relationship with your birth parents.

Healing Intimate Relationships:

After the plant guides you to release attachments and old energy patterns with your parents, it opens up a deeper connection to the relationships in your life, especially with a life partner. If you do not have a life partner, it can also bring awareness to where you may have blocks. The spirit of HBWR teaches us about balance in ourselves and shows us that the outer world is just a mirror of our relationship with ourselves. A life partner can be a very powerful mirror of all of our beauty as well as the darkness we have yet to resolve inside ourselves.

As you listen to the wisdom of the plant, you gain deeper insight into your mirrors. Whatever we judge in others is how we still judge ourselves. If you are daring enough to go deep into yourself, you will begin to see what judgments you carry about the opposite sex as well as your own sex, and how to bring balance and love to yourself, leading to more meaningful and healthy relationships.

At Ayaway Healing Sanctuary we have held many ceremonies for couples to experience the medicine together. With a partner, the ceremony may be amplified as some deeper, darker shadows can come to the surface, however these are the experiences that lead to more profound and drastic changes.

Healing with Nature:

At Ayaway Healing Sanctuary, we have experienced many ceremonies where people have opened up their connection to Mother Nature. I personally have had a few ceremonies where I have been able to feel the presence of Gaia. The gift of making my

relationship with Mother real has been something that has changed my perspective of the world. Others, while in ceremony, were able to surrender to Mother Earth, and have had some intimate relationships with animals. The first time my life partner, Shaina, experienced the HBWR spirit, she had hundreds of Eastern Lubber Grasshoppers hop over to her. One landed on her hand and had a conversation with her that guided her through some intensive healing during her ceremony. The possibilities to connect to nature are endless on this plant.

Awareness of Sexual Energy:

One of the most startling things revealed to me by the HBWR is how out of balance we as a collective are with our energy. There seems to be a common theme that appears from working with this plant. Many of us were brought up with some form of repression, especially around nudity and sex. Many of us in the United States saw our parents and siblings hide their bodies in shame as we got older. This repression actually only makes our curiosity worse. As a result, we began to sexualize the human body.

Also, at a young age no one told most of us how to feel the sacred energy of the body and breathe it up to charge up every chakra. Instead, we are taught to suppress our energy and be ashamed of it. The damage that does to a child is underestimated. Instead of having life energy flow from our root chakra all the way to our crown, the energy gets trapped in our lower chakras. Sex obsession, perversion, and shame take over instead of sacred love, innocence, and mastery of our creative energy. I have led many ceremonies where it is revealed that brothers and sisters abused each other sexually during childhood. In a healthy, conscious society these traumas would be a much more rare occurrence.

The spirit of HBWR helps many people process these traumas, feel their shame, and also begin to reclaim their innocence. I have witnessed many people who have done decades of therapy to help cope with traumatic rape from a family member. After one HBWR ceremony there is such a life-changing transformation that they were able to see their inner child, forgive all parties involved, including themselves, and find their inner joy again.

The collective needs a major adjustment with our view of sexual energy. We have lost our conscious connection to this energy which creates life and births new worlds. It has lost its sacredness, but the spirit of HBWR has the power to help our society restore its glory.

Embodying Your Spirit

Leading with Your Heart:

One of the first ceremonies I had on HBWR, I was outside looking at the moon and stars when I heard an inner voice speak to me. The voice said, “stop trying to understand me here.” At that moment, my brain started to vibrate. Next, the voice said “you can’t understand me in the finite mind, but you can know me deeply here.” Just then all of my awareness was brought to my heart. Intuitively I felt it was the voice of Great Spirit telling me that it was no longer serving me to seek God in books, concepts, and theories. What I was really looking for was a deeply rich personal relationship with God. The HBWR gave me the understanding of how to do that.

For the rest of the ceremony I stayed in my heart, feeling deeply into the space. My heart felt dark, dead, black and at first it startled me, but as I stayed with it revelations began appearing. In that ceremony I felt that from that point forward my connection with Great Spirit was going to grow exponentially.

Since that ceremony, I have embraced a new lifestyle that is led by the heart. Instead of planning my life out, thinking about what to do, and living from the logical side of my brain, I learned how to surrender and trust life. Now instead of thinking my way through life, I feel my way through life. By being as present as I can, I stay in the moment and feel the energy around me and within me. If any decision needs to be made, I tune into the energy and go with what seems to be in alignment with my body and soul.

Since then I have found my life partner, and we have the most beautiful daughter in the world and live on 5 acres of gorgeous land. I could have never accomplished these dreams on my own, however when living in the heart you begin to let life unfold, and

soon you realize life is on your side bringing you unbeknownst blessings. It just takes us letting go and letting your heart guide you.

Reclaiming Your Body

In our natural state, our nervous system acts as the conduit for spirit to embody our divine self in every cell of our being, but as we suffer physical and emotional traumas, this process gets interrupted. The transmission of nerve energy is blocked to some part of the body, and instead of our spirit controlling our cells, it leaves room for other entities and energies to live and thrive. HBWR gives you the unique ability to deeply feel the cells of your body and fight back for your space, which is your birthright.

While on ceremony, especially with the assistance of rapés, you have the option to purge. HBWR is known for invoking a nauseous feeling, which many try to avoid, however this is actually one of the biggest gifts of the medicine. If you resist the feeling of nausea, it will persist throughout the entire ceremony, but if you surrender and allow the medicine to work, you can purge out foreign energies that may have been residing in you for quite some time. As a result, you reclaim your space and embody your spirit more fully. You can literally purge out old traumas you have been carrying. If you are able to, you will feel forever different after a successful purging ceremony on HBWR.

Healing Deep Trauma:

All of us have experienced trauma in our lives. While some people have had to go through some excruciating suffering, many of us had many mini-traumas that over time gradually warped our perspective. No matter the intensity of the trauma, we all experience the same emotions and pain deep inside. Our emotions are what connect us all.

While on the medicine many people notice old memories coming up in their awareness to process. While some are very obvious traumas that we have yet to fully process, some memories will seem irrelevant and rather random at first. As you sit with

the medicine, these memories will soon be revealed to have caused a major impact on how you view the world. The great part of HBWR is that it gives us a unique way to heal and release these traumas at a very deep level.

Many of us are used to talking about our traumas and know how to heal these wounds on a mental level, but the plant reveals that even if you have mentally healed from your scars, every trauma we have experienced is stored energetically in our body. Until you deeply feel and relive these traumatic experiences in the body and emotions, you will always carry those wounds around with you. With help from the medicine, you will be able to feel and finally let go of all of these traumas, so you can start to live your life and become free again.

To give an example, I once held a ceremony for a woman who was raped by her brother repeatedly as a child. Now, being close to 50 years old, she had spent over 30 years in therapy to heal these wounds. Before ceremony she made a comment on how she felt healed from the experience and didn't think it would come up as relevant because she had forgiven him and thought the past was behind her.

As ceremony evolved though, these traumas came up. After many tears, she finally saw her inner child and began yelling "I am so sorry." It turns out that when she experienced the trauma, she left her body because she didn't want to feel the pain. In order to cope she left her inner child there to endure the trauma all alone.

As a result of the ceremony, she said it felt like rescuing her inner child from a prison she had put herself in for nearly 40 years. Through all that time she couldn't experience true innocence, creativity, or joy, but from one HBWR ceremony, all of those blocks were released. The medicine gave her enough deep insight and clarity to finally forgive herself.

Healing Ancestral Karma:

As we go on this healing journey and get to our deepest, darkest shadows, we begin to realize that some shadows we carry don't originate from this lifetime, but from our ancestors or those who have gone before us. As stated before, every trauma we have experienced is carried in the body if we don't process it at that moment. If we don't heal

trauma in time, it will be passed on to our children, and our grandchildren. Fortunately, it just takes one person in our lineage to have the courage to feel these traumas and heal them for everyone else down the line.

There are some of us on this healing path who have bravely chosen to cleanse our bloodlines of thousands of years of trauma. If your parents or grandparents experienced war, it is likely that you carry those devastating emotional wounds with you. If your mother was brutally beaten by her father, you may carry a natural fear of the masculine, even though you were never personally attacked. You have the ability to heal those energies and break the karmic cycle for your future generations.

A few years back we were hosting a ceremony for a woman who felt like she never belonged here on Earth. She said she felt as if she was neglected so much as a child that she related to being an orphan. When asked about her parents, she said her father was loving but was never around, and her mother was cold and detached her whole life, so she always felt alone. She was worried because now she had a daughter, and was feeling a similar theme with their relationship. She stated that even though she thoroughly loved her daughter, she had felt an emotional wall between them.

As we dug into her journey, we asked how her mother and grandmother got along. She said their relationship was even worse. As we went deeper, it turned out her grandmother actually was an orphan at 3 years old. It was an intensely haunting experience that her grandmother never fully processed. As a result, it was passed on to her mother, who always felt alone and had trouble expressing her love. Finally, this trauma and coping mechanism were passed down to this woman. The medicine showed this woman that if she sat with the feeling of being alone, being an orphan child, and surrendered, it would be healed from her bloodline. After she expressed much anguish, she experienced a thawing out. The walls between her and her daughter were melted.

This experience is just one of many that we have witnessed where someone released a great trauma from their ancestral line. We all carry our family trauma in our DNA, and if we are brave enough, we get to face it and heal not just for ourselves, but for the collective.

Emotional Alchemy:

As briefly mentioned before, the fact that HBWR is a seed that you consume, it really teaches you that the darkness you are avoiding actually holds the key to your spiritual growth. By fiercely surrendering to your darkness, you emerge with many spiritual gifts.

One time during ceremony I started to feel guilty about something. As I felt this guilt, I experienced an unpleasant feeling in my gut. The whole next day I sat with this feeling of guilt in my body. The medicine instructed me not to judge it, just to experience it. At the beginning of the day it was rough. I wanted to avoid the discomfort and numb it out, but I stayed present with it. By mid-day the energy started to ease up, and by the end of the day I felt amazing. In fact, the same feeling and vibration in me didn't feel like guilt at all, but it felt like innocence. It was as if by allowing the feeling deeply, it transformed entirely to a higher frequency.

I had a similar experience happen another time I was experiencing grief. I felt a deep sadness, and I found myself welled up with tears. When I tuned into the medicine I received the message to feel these feelings and let go of judgment. As I felt them, tears came out stronger, but this time instead of grief, it was gratitude. The medicine told me that grief and gratitude are the same vibrations, but grief is perceived in the mind with attachment and entitlement. Gratitude is from a place of non-attachment while having appreciation for what we were blessed to experience.

One final example I will give to show the power of the emotional alchemy that is possible to experience with HBWR is from a single woman in her late twenties that we held ceremony space for. As the night went on, she began explaining how she had a very hard time being intimate with men. When we asked about her past experiences, she relayed how when she was a 5-year-old, she had a male friend come over and they went into the closet together to explore each other's bodies. When I asked how she felt during that experience, she said she was excited. No trauma happened, as they were just two curious kids playing. However, when she told her parents about the incident, they immediately told her she was victimized (even though she didn't feel coerced) and they convinced her that what had happened was horrible.

While their intentions may have been good, what she took away from this experience as a 5-year-old was that anytime she felt excitement and her heart fluttering

around a male, she was being victimized. After receiving this wisdom, she began to recall all the times she felt intrigued by a man and then immediately withdrew because she didn't feel safe. By allowing herself to process that childhood trauma on medicine, she released and healed this wound. A few weeks after the ceremony she found herself in an intimate relationship where she finally felt safe.

HBWR helps us to reset our emotional guidance systems and can empower us to transform how we perceive certain emotions. It gives us very deep insight into our emotional bodies, which allows us to free ourselves from trauma and programming.

Conclusion & Guidance

Hopefully by now you are starting to see the importance of this plant medicine. My wish is to see this plant respected and used in a sacred way for healing. Please keep in mind that this plant is very powerful if used properly. Alternatively, if HBWR is used in the wrong environment or without proper guidance, it can leave someone in deep confusion or a raw emotional state. The spirit of the plant is very real and I believe she wants to be reintroduced into the world to deliver much-needed support and help to those earnestly looking for relief from their suffering. This plant deserves to be given as much respect and reverence as Grandmother Ayahuasca, San Pedro, or Mushrooms. It is a master teacher plant, and with the right guidance, can completely change your view of the world.

If you would like any information, guidance, or would like to be led through a ceremony please contact us at Ayaway Healing Sanctuary. We are a spiritual church that uses this plant as one of our sacraments. We believe this plant helps us gain a deeper personal relationship with Great Spirit. Blessings on your sacred healing journey!

Ayaway Healing Sanctuary

IG: @ayawayhealing

561-408-9099

AyawayHealing@gmail.com

www.ayawayhealing.com

17471 Oak Creek Road

Alva, Florida